Distributional sources for the second-order Einstein field equations

Samuel D. Upton In collaboration with: Adam Pound

Astronomical Institute of the Czech Academy of Sciences

Capra 26 (3 July 2023)



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 - Derive a counter term that cancels divergence in the second-order source at the worldline
 - Demonstrate that counter term is equivalent to result obtained through Hadamard finite part regularisation

Detweiler stress-energy tensor: Highly regular gauges [SDU & AP, 2101.11409]

• Well-defined EFEs at second order

$$\delta G^{\mu\nu}[h^2] + \delta^2 G^{\mu\nu}[h^1, h^1] = 8\pi T_2^{\mu\nu}$$

where

$$T_2^{\mu\nu} = -\frac{m}{2} \int u^{\mu} u^{\nu} (g^{\alpha\beta} - u^{\alpha} u^{\beta}) h_{\alpha\beta}^{\mathrm{R1}} \delta^4(x, z) \, d\tau$$

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 Weak divergence of metric perturbations means automatically true in highly regular gauge • Well-defined EFEs at second order

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- Weak divergence of metric perturbations means automatically true in highly regular gauge
 - Most singular parts of EFEs cancel

$$\delta^2 G^{\mu\nu}[h^{\rm S1}, h^{\rm S1}] = -\delta G^{\mu\nu}[h^{\rm SS}], \qquad \forall r$$

• Not automatically true in other gauges

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 - True off worldline

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Motivated by highly regular gauge where this is automatically true

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where

$$\begin{split} \delta^2 G_s^{\mu\nu}[h^1, h^1] &\coloneqq (-\delta G^{\mu\nu}[h^{\rm SS}] + 2 \overbrace{Q^{\mu\nu}[h^{\rm S1}]}^{\delta^2 G^{\mu\nu}[h^{\rm S1}]} + \delta^2 G^{\mu\nu}[h^{\rm R1}, h^{\rm R1}]) \theta(s-r) \\ &+ \delta^2 G^{\mu\nu}[h^1, h^1] \theta(r-s) \end{split}$$

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• Leads to a consistent result for $T_2^{\mu
u}$ in highly regular and Lorenz gauges

Using canonical definition in source for Lorenz gauge

• How can we use this to solve for $h_{\mu\nu}^2$?

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• Want to extract delta content of $\delta^2 G_{\mu\nu}[h^1,h^1]$ to put in practical form

Distributional analysis

• Adjoint of linear operator

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• Using these and Detweiler canonical definition, we get

$$\int \phi^{\mu\nu} \delta^2 G_{\mu\nu}[h^1, h^1] \, dV = \lim_{s \to 0} \left[\int \phi_{\mu\nu} \left(-\delta G_{\mu\nu}[h^{\rm SS}] + 2Q_{\mu\nu}[h^{\rm S1}] + \delta^2 G_{\mu\nu}[h^{\rm R1}, h^{\rm R1}] \right) \theta(s-r) \, dV + \int_{r>s} \phi^{\mu\nu} \delta^2 G_{\mu\nu}[h^1, h^1] \, dV \right]$$

"Singular times singular" term

• Einstein operator is self-adjoint, $\delta G^{\dagger}_{\mu\nu}[h] = \delta G_{\mu\nu}[h]$ [Wald, PRL, 1978], SO

$$\int \phi_{\mu\nu} \delta G^{\mu\nu}[h^{\rm SS}] \theta(s-r) \, dV \coloneqq \int \delta G_{\mu\nu}[\theta(s-r)\phi] h_{\rm SS}^{\mu\nu} \, dV$$

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• Use distributional identities

$$\int \delta G_{\mu\nu} [\theta(s-r)\phi] h_{\rm SS}^{\mu\nu} dV = \lim_{R \to 0} \left(\int_{r>R} \phi_{\mu\nu} \delta G^{\mu\nu} [h^{\rm SS}] \theta(s-r) dV - \int_{r=R} K_{\alpha}^{\delta G} [\theta(s-r)\phi, h^{\rm SS}] dS^{\alpha} \right)$$
$$= -\frac{4m^2 \pi}{3s} \int (7g_{\mu\nu} - 2u_{\mu}u_{\mu}) \phi^{\mu\nu} dt$$

Stress-energy counter term

• Write result from previous slide as stress-energy tensor

$$\int \phi^{\mu\nu} T^{\text{counter}}_{\mu\nu} \, dV \coloneqq -\frac{1}{8\pi} \int \delta G_{\mu\nu} [\theta(s-r)\phi] h^{\mu\nu}_{\text{SS}} \, dV$$

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• As $\phi^{\mu\nu}$ is a test field,

$$T_{\mu\nu}^{\text{counter}} = \frac{m^2}{6s} \int (7g_{\mu\nu} - 2u_\mu u_\mu) \delta^4(x,z) \, d\tau$$

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• We can follow the same procedure for $Q_{\mu
u}[h^{
m S1}]$ to find

$$T^Q_{\mu\nu} = \frac{m}{3} \int U^{\alpha\beta}{}_{\mu\nu} h^{\rm R1}_{\alpha\beta} \delta^4(x,z) \, d\tau$$

where $U^{\alpha\beta}{}_{\mu\nu}$ is a function of the metric and 4-velocity (similar given in [2101.11409] but for indices up)

Samuel D. Upton (ASU)

Final reformulation of the source

• By using canonical definition, we have

$$\mathcal{E}_{\mu\nu}[\bar{h}^2] = -16\pi T_{\mu\nu}^2 + 2\delta^2 G_{\mu\nu}[h^1, h^1]$$

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• Re-expressed as delta functions

$$\mathcal{E}_{\mu\nu}[\bar{h}^2] = -16\pi (T_{\mu\nu}^2 - T_{\mu\nu}^Q) + 2\lim_{s \to 0} \{8\pi T_{\mu\nu}^{\text{counter}} + \theta(r-s)\delta^2 G_{\mu\nu}[h^1, h^1]\}$$

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• Equation has solution (for some Green's function $G_{\mu\nu}{}^{\mu'\nu'}(x;x')$)

$$\bar{h}_{\mu\nu}^{2} = -16\pi \int G_{\mu\nu}{}^{\mu'\nu'} (T_{\mu'\nu'}^{2} - T_{\mu'\nu'}^{Q}) \, dV' + 2 \lim_{s \to 0} \left(\int_{r'=s}^{\infty} G_{\mu\nu}{}^{\mu'\nu'} \delta^{2} G_{\alpha'\beta'}[h^{1}, h^{1}] \, dV' + \frac{4\pi m^{2}}{3s} \int_{\gamma} G_{\mu\nu}{}^{\mu'\nu'} (7g_{\mu'\nu'} - 2u_{\mu'}u_{\nu'}) \, d\tau \right)$$

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- Introduce regularising factor $(r/L)^B$ where L has dimensions of length and $B \in \mathbb{C}$
- Finite value for integral

$$\operatorname{FP}_{B=0} \int_{-1}^{1} \left(\frac{r}{L}\right)^{B} \frac{1}{r^{2}} dr = -2$$

Rewriting the limit term

• Compare finite part regularisation of $\delta^2 G_{\mu\nu}[h^1,h^1]$ against limit term

$$\bar{h}_{\mu\nu}^{2} = -16\pi \int G_{\mu\nu}{}^{\mu'\nu'} (T_{\mu'\nu'}^{2} - T_{\mu'\nu'}^{Q}) dV' + 2 \mathop{\rm FP}_{B=0} \int \left(\frac{r'}{L}\right)^{B} G_{\mu\nu}{}^{\mu'\nu'} (x;x') \delta^{2} G_{\mu'\nu'} [h^{1}, h^{1}] dV'$$

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• Calculate remaining FP term

$$\begin{aligned} \operatorname{FP}_{B=0} \int_{r'=0}^{s} \left(\frac{r'}{L}\right)^{B} G_{\mu\nu}{}^{\mu'\nu'}(x;x') \delta^{2} G_{\mu'\nu'}[h^{1},h^{1}]r'^{2} dt' dr' d\Omega' \\ &= \frac{4\pi m^{2}}{3s} \int G_{\mu\nu}{}^{\mu'\nu'}(x;t',0) (7g_{\mu'\nu'} - 2u_{\mu'}u_{\nu'} + \mathcal{O}(s^{2})) dt' \end{aligned}$$

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• Exactly the same counter term as before

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- Future work:

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 - Can we write this in a mode-decomposed form?