## The orbital evolution of EMRI during self force resonance with altanative regularization procedure

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# Motivation 

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## Motivation

- Self-Force Resonance occurs when $\omega_{r}$ and $\omega_{\theta}$ are in rational ratio (Flanagan\&Hinderer, 2012).
- $j_{r} \Omega^{r}=j_{\theta} \Omega^{\theta}=\Omega \quad j_{r}, j_{\theta} \in \mathbb{Z}$
- The impact is $\sqrt{\eta^{-1}}$ and can be larger than 1PA
- $\phi=\eta^{-1} \phi^{\text {Adiabatic }}+\eta^{-\frac{1}{2}} \phi^{\text {Resonance }}+\phi^{1 \text { PostAdiabatic }}+\cdots$
- Most EMRI systems will experience the large resonances(Ruangsri\&Hughes, 2014).
- Integrablity is initially destroyed at the resonance.
$\rightarrow$ Self-Force Resonance is a very important phenomenon



## Motivation2 Conservative Part

- Separable into dissipative and conservative parts.
- $G^{\text {sym }}\left[z, z^{\prime}\right]=\frac{1}{2}\left(G^{\text {ret }}\left[z, z^{\prime}\right]+\left(G^{\text {adv }}\left[z, z^{\prime}\right]\right)\right.$
- Contribution of the conservative part during resonance is pointed out (Isoyama et al. 2013\& 2019).
- Verified by Nasipak 2022 for scalar case.

- GR case??
- Regularization is necessary for the conservative part.
- $\lim _{z^{\prime} \rightarrow z} G^{\text {sym }}\left[z, z^{\prime}\right] \rightarrow \infty$


## Motivation3 New Regularization Procedure

- Isoyama2013 proposed an altanative regularization method.
- very simple
- reduce computational cost?
- Shift the orbit in the direction of the killing vector
- There have been no implementation of this method.
- It is a point of concern how well it works...
- important to try independet methods for the same problem



## Resonance and the Significance of This Study

## Final Goal

- Calculate conservative part of resonance effect in GR .
- Expecting the altanative regularization method to work well.

This work

- First, try it out with the scalar field.
- Conservative part of Hamiltonian
- Verify how well the new regularization method works.

Motivation

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## Hamilton eq

We can take action-angle variable

$$
\begin{aligned}
q^{\alpha} & =\frac{\partial H}{\partial J_{\alpha}}=\omega^{\alpha}+\frac{\partial H_{\mathrm{int}}}{\partial J_{\alpha}} \\
\dot{J}_{\alpha} & =-\frac{\partial H}{\partial q_{\alpha}}=-\frac{\partial H_{\mathrm{int}}}{\partial q_{\alpha}}
\end{aligned}
$$

- GR case

$$
H_{\mathrm{int}}=\frac{1}{2} h_{\mu \nu} u^{\mu} u^{\nu} \quad \text { Metric reconstruction is necessary }
$$

- Scalar toy model case

$$
H_{\mathrm{int}}=\phi=\int d \tau^{\prime} G\left(x, x\left(\tau^{\prime}\right)\right)
$$

- G is a Green function for Teukolsky eqation.
- We can obtain it straightforwardly


## Orbital Averaging

$$
\begin{aligned}
& \left\{\begin{array}{l}
\dot{q}^{\alpha}=\omega^{\alpha} \\
\left\langle\dot{J}_{\alpha}\right\rangle=\left\langle\frac{\partial H_{\mathrm{int}}}{\partial q^{\alpha}}\right\rangle
\end{array}\right. \\
& \langle A\rangle=\lim _{T \rightarrow \infty} \frac{1}{2 T} \int_{-T}^{T} d \tau A(x(\tau)) \\
& \quad \neq \int_{\text {Region }} A d q^{\alpha} \quad \text { for resonant orbit }
\end{aligned}
$$

Non-resonance orbit


Resonance (\&conservative) case

$$
\left\langle\frac{\partial H}{\partial q^{\alpha}}\right\rangle=\frac{1}{2} \frac{\partial\langle H\rangle}{\partial q_{\mathrm{ini}}^{\alpha}}
$$

initial phase dependence appears!

## descritization of $\omega$

As the source $z(\tau)$ is periodic, $\tau$ integral makes $\omega$ descritized.

$$
\begin{array}{r}
\int d \tau \mathrm{e}^{i \omega \omega_{t} \tau-\left(n_{r} \omega^{r}+n_{\theta} \omega^{\theta}+m \omega^{\phi}\right) \tau} \\
\rightarrow \frac{1}{\omega_{t}} \delta\left(\omega-n_{r} \Omega^{r}-n_{\theta} \Omega^{\theta}-m \Omega^{\phi}\right)
\end{array}
$$

$$
\Omega^{\alpha}=\frac{\omega^{\alpha}}{\omega^{t}}
$$

For non-resonant orbit, $\omega$ is charactarized by $\left(n_{r}, n_{\theta}, m\right)$
For resonant case,

$$
n j_{r} \Omega^{r-1}=n j_{\theta} \Omega^{\theta^{-1}}=n \Omega^{-1}
$$

Then, $\omega$ is charactarized by $(n, m)$

$$
\omega_{n, m}=n \Omega+m \Omega_{\phi}
$$

## Point Spliting Regularization (Altanative Regularization)

$G^{\text {sym }}\left[z(\lambda), z\left(\lambda^{\prime}\right)\right]$ and $G^{S}\left[z(\lambda), z\left(\lambda^{\prime}\right)\right]$ diverge at $z(\lambda) \rightarrow z\left(\lambda^{\prime}\right)$, so we have to regularize them to calculate separately.

Point Spliting Regularization (Isoyama et al. 2013)

$$
\begin{aligned}
& z^{\mu}(\lambda) \rightarrow z_{+}^{\mu}(\lambda) \equiv z^{\mu}(\lambda)+\frac{\epsilon}{2} \xi^{\mu}, \\
& z^{\mu}(\lambda) \rightarrow z_{-}^{\mu}(\lambda) \equiv z^{\mu}(\lambda)-\frac{\epsilon}{2} \xi^{\mu}
\end{aligned}
$$

with

$$
\xi^{\mu}(\zeta) \equiv \cos \zeta \xi_{(t)}^{\mu}+\left(\Omega_{\phi} \cos \zeta-\Omega \sin \zeta\right) \xi_{(\phi)}^{\mu}
$$


$\epsilon=0 \Longleftrightarrow$
coincidence limit

## Altanative Regularization Procedure

$G^{\text {sym }}$ is given by

$$
G_{\omega, l, m}^{\mathrm{sym}}\left[z, z^{\prime}\right]=\mathrm{e}^{-i \omega\left(t-t^{\prime}\right)+i m\left(\phi-\phi^{\prime}\right)} S_{\omega, l, m}(\theta) S_{\omega, l, m}\left(\theta^{\prime}\right) \operatorname{Radial}\left(r, r^{\prime}\right)
$$

due to the killing direction, we can extract the regularized expression very easily,

$$
G_{\omega, l, m}^{\mathrm{sym}}\left[z_{+}, z_{-}\right]=\mathrm{e}^{-i \omega \epsilon \cos \zeta+i m \epsilon\left(\Omega_{\phi} \cos \zeta-\Omega \sin \zeta\right)} \times G_{\omega, l, m}^{\mathrm{sym}}\left[z, z^{\prime}\right] .
$$

$\epsilon, \zeta$ do not depend on $\tau$. So Hamiltonian is given by

$$
H_{\omega, l, m}(\epsilon)=\mathrm{e}^{-i \omega \epsilon \cos \zeta+i m \epsilon\left(\Omega_{\phi} \cos \zeta-\Omega \sin \zeta\right)} \times H_{\omega, l, m}(\epsilon=0)
$$

$\epsilon$ dependence is calculated very easily!

## Final Expression

Finally

$$
H(\epsilon)=\sum_{n, l, m} \mathrm{e}^{i n \epsilon \cos \zeta+i m \epsilon \sin \zeta} H_{\omega_{n m}, l, m}(\epsilon=0)
$$

Explicit Expression

$$
\begin{aligned}
\langle H\rangle= & \sum_{n, l, m}\langle H\rangle_{n, l, m} \mathrm{e}^{i n \epsilon_{1}+i m \epsilon_{2}} \\
= & \sum_{n, l, m} \mathrm{e}^{i n \epsilon_{1}+i m \epsilon_{2}} \int d \tau d \tau^{\prime} \mathrm{e}^{-i \omega_{n, m}\left(\Delta t-\Delta t^{\prime}\right)+i m\left(\Delta \phi-\Delta \phi^{\prime}\right)} \\
& \times \Theta_{\omega_{n m}, l, m}(\theta) \Theta_{\omega_{n m}, l, m}\left(\theta^{\prime}\right) R_{\omega_{n m}, l, m}\left(r, r^{\prime}\right)
\end{aligned}
$$

We need not decompose the Spheroidal Harmonics into the Spherical Harmonics.

## S-part decomposition

S-part is also decomposed into ( $N, m$ ) modes

$$
H^{S}=\int d \tau^{\prime} G^{S}\left[z^{+}, z^{-}\left(\tau^{\prime}\right)\right]
$$

Fourier Transformation

$$
\begin{aligned}
& G_{N, m}^{S}=\int d \epsilon_{1} d \epsilon_{2} G^{S}\left(\epsilon_{1}, \epsilon_{2}\right) \mathrm{e}^{-i N \Omega \epsilon_{1}-i m \epsilon_{2} \Omega_{\phi}} \\
& H^{S}=\sum_{N, m} \mathrm{e}^{i N \epsilon \cos \zeta+i m \epsilon \sin \zeta} H_{N, m}^{S}
\end{aligned}
$$

- $\left\langle H^{(S)}\right\rangle$ has no periodicity with $\epsilon$.
- This causes discontinuous at the boundary.

Therefore, apply a window function to smooth at the boundary.

$$
W(\epsilon)=\cos ^{4}(\alpha \Omega \epsilon) \cosh ^{4}(\alpha \Omega \epsilon)
$$

## Regularization

$l$ mode summation first

$$
\begin{equation*}
H_{N, m}=\sum_{l=|m|}^{\infty} H_{N, l, m} \tag{1}
\end{equation*}
$$

S-part subtraction

$$
\begin{align*}
H^{R} & =\lim _{\epsilon \rightarrow 0} H(\epsilon)-H^{S}(\epsilon) \\
& =\lim _{\epsilon \rightarrow 0} e^{i N \epsilon \cos \zeta+i m \epsilon \sin \zeta}\left(\sum_{N, m} H_{N, m}(\epsilon=0)-\sum_{N, m} H_{N, m}^{S}(\epsilon=0)\right) \\
& =\sum_{N, m} H_{N, m}(\epsilon=0)-H_{N, m}^{S}(\epsilon=0) \tag{2}
\end{align*}
$$

Regularization parameter $\epsilon$ does not appear in actual computations.

Motivation

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## Outline

1. Calculating $\langle H\rangle_{n, l, m}$ to integrate the mode functions.
2. Sum up $\langle H\rangle_{n, l, m}$ over $l$

$$
H_{n, m}=\sum_{l}\langle H\rangle_{n, l, m}
$$

set up

| $a$ | $p$ | $e$ | $x$ |
| :--- | :--- | :--- | :--- |
| 0.9 | 4.51 | 0.2 | $\frac{\pi}{4}$ |

3. regularization for $(n, m)$

$$
\Omega_{r}: \Omega_{\theta}=1: 2
$$

$$
\left\langle H^{(R)}\right\rangle=\sum_{n, m}\langle H\rangle_{n, m}-\left\langle H^{(S)}\right\rangle_{n, m}
$$

$$
\Delta \lambda=0.3
$$

$$
\Lambda=4.6
$$

4. Do the same procedure for fifferent initial phase $\Delta \lambda$

## $l$-sum1

$$
\begin{equation*}
\sum_{l}\langle H\rangle_{n, l, m} \tag{3}
\end{equation*}
$$



- $H \propto \frac{1}{l^{2}}$ too slow
- Hamiltonian is oscilating for $l$
- The oscillation makes fitting difficult


## l-sum2: WKB aprox

- WKB-approximation $R_{\omega, l, m}(r)$ and $\Theta_{\omega, l, m}(\theta)$ forl
- We derive analytical assymptotic expressions for $\langle H\rangle_{n, l, m}, l \rightarrow \infty$ (up to subleading order)



## Regularization

$$
\left\langle H_{n, m}^{R}\right\rangle=\left(\sum_{l}\left\langle H^{\mathrm{int}}\right\rangle_{n, l, m}\right)-\left\langle H^{(S)}\right\rangle_{n, m}
$$

- Fitting is necessary for computational cost reasons

- Cancelating divergent part
- Regularization procedure looks working well...


## Regularization

$$
\left\langle H_{n, m}^{R}\right\rangle=\left(\sum_{l}\left\langle H^{\mathrm{int}}\right\rangle_{n, l, m}\right)-\left\langle H^{(S)}\right\rangle_{n, m}
$$

- Fitting is necessary for computational cost reasons
$H^{R}$ behaving not well...

- Strong oscillation requires careful fitting


## Cause of the Oscillation (Orbital Crossing)

$H_{n, m}$ is the Fourier transform in $t$ and $\phi \rightarrow$ It can be projected onto the $r-\theta$ plane

## $\cos (\theta)$



When projected, the singularity(intersection) appears.

## Removing the Oscillation

- Identify the cause of oscillation (orbit crossing)
- Apply a physically appropriate window function

succeeding in eliminating oscillatory behavior!


## Accelerating convergence

- To accelerate the convergence further, we use the higer order S-part(Heffernan 2022)

- not matching well...

This is the problem we are working on now.

## Summary and Future Work

## Summary

- We numerically calculate the conservative part during resonance for scalar field
- We encountered several challenges and addressed them to some extent

Future Work

- Successful cancellation with higher S-part
- Extend the model to include gravitational interactions


## Thank you for listening.

## Result

$$
\begin{align*}
H_{n, l, m}(\tau) & =\frac{1}{l(l+1)} \int d \tau f(\tau)^{2} g(\tau) \cos ^{2}[\sqrt{l(l+1)} \theta(\tau)]  \tag{4}\\
& =f(\tau)^{2} g(\tau) \frac{1}{2}(1+\cos [2 \sqrt{l(l+1)} \theta(\tau)])  \tag{5}\\
H_{n, l, m}(\tau) & =H_{n, l, m}^{\mathrm{avr}}(\tau)+H_{n, l, m}^{\mathrm{osc}}(\tau) \tag{6}
\end{align*}
$$

- $H$ can be decomposed into not-oscilating avaraged part $H_{n, l, m}^{\text {avr }}(\tau)$ and oscilating part $H_{n, l, m}^{\text {osc }}(\tau)$
- $H_{n, l, m}^{\text {osc }}(\tau)$ is the cause of oscilation.


## 4: S-part

Calculating $\left\langle H^{(S)}\right\rangle$ corresponding $G^{(S)}$ (S-part)

$$
\begin{align*}
\left\langle H^{(S)}\right\rangle & =\int d \tau \int d \tau^{\prime} G^{(S)}\left(x_{+}(\tau), x_{-}\left(\tau^{\prime}\right)\right)  \tag{7}\\
& =\frac{\psi_{-1}(\zeta)}{\epsilon}+\psi_{1}(\zeta) \epsilon+O\left(\epsilon^{3}\right) \tag{8}
\end{align*}
$$

- $x_{ \pm}$is shifted $\epsilon$ in the Killing direction.
- $\epsilon=\sqrt{\epsilon_{1}^{2}+\epsilon_{1}^{2}}, \zeta=\arctan \left(\frac{\epsilon_{2}}{\epsilon_{1}}\right)$

Fourier transformation for $\epsilon_{1}, \epsilon_{1}$,

$$
\begin{equation*}
\left\langle H^{(S)}\right\rangle_{n, m}=\frac{\Omega^{2}}{4 \pi^{2}} \int d \epsilon_{1} \int d \epsilon_{2} \mathrm{e}^{-i \Omega\left(n \epsilon_{1}+m \epsilon_{2}\right)}\left\langle H^{(S)}\right\rangle \tag{9}
\end{equation*}
$$

## 4:S-part(Window function)

$$
\begin{equation*}
\left\langle H^{(S)}\right\rangle=\frac{\psi_{-1}(\zeta)}{\epsilon}+\psi_{1}(\zeta) \epsilon+O\left(\epsilon^{3}\right) \tag{10}
\end{equation*}
$$

- $\left\langle H^{(S)}\right\rangle$ has no periodicity with $\epsilon$.
- This causes discontinuous at the boundary.

Therefore, apply a window function to smooth at the boundary.

$$
\begin{equation*}
W(\epsilon)=\cos ^{4} \alpha \Omega \epsilon \cosh ^{4} \alpha \Omega \epsilon \tag{11}
\end{equation*}
$$





## Appendix

In practice, it is convenient to use Mino variable $\lambda$
We can show

$$
\begin{align*}
\left\langle\frac{d Q}{d \tau}\right\rangle & =-\frac{\partial Q}{\partial J_{r}}\left\langle\frac{\partial(\Sigma H)}{\partial \Gamma_{r}}\right\rangle_{\lambda}-\frac{\partial Q}{\partial J_{\theta}}\left\langle\frac{\partial(\Sigma H)}{\partial \Gamma_{\theta}}\right\rangle_{\lambda}  \tag{12}\\
& =-\frac{\partial Q}{\partial J_{r}} \frac{\partial\langle\Sigma H\rangle_{\lambda}}{\partial \Delta \Gamma_{r}}-\frac{\partial Q}{\partial J_{\theta}} \frac{\partial\langle\Sigma H\rangle}{\partial \Delta \Gamma_{\theta}}  \tag{13}\\
\Gamma & =\Upsilon \lambda+\Delta \Gamma
\end{align*}
$$

To obtain the evolution of the orbital elements, we have to calculate $\left\langle\Sigma H^{\text {sym }}\right\rangle_{\lambda}$

## 実装 5：正則化（振動の原因）

－before averaging $H_{n, m}-H_{n, m}^{(S)}$


Figure 2：$n=3$ に固定し，横軸 $\lambda$（時間）。青が

- $\lambda=1.1,3.5$ に $m$ を変えたときの振動が見られる
- この時刻は $r-\theta$ が交差する時刻に対応


## 実装 3：detail of WKB

mode funcion $R(r)$ follows the equation below．

$$
\begin{align*}
& -\mathcal{R}^{\prime \prime}+\left[\frac{\lambda}{\Delta}-U(r)+\frac{1}{4}\left(\frac{\Delta^{\prime}}{\Delta}\right)^{2}+\frac{1}{2}\left(\frac{\Delta^{\prime}}{\Delta}\right)^{\prime}\right] \mathcal{R}=0  \tag{16}\\
& \mathcal{R}=R \sqrt{\Delta}  \tag{17}\\
& U(r)=\frac{1}{\Delta} \frac{\omega^{2}\left(r^{2}+a^{2}\right)^{2}-4 r a m \omega+m^{2} a^{2}}{\Delta}-\omega^{2} a^{2}  \tag{18}\\
& \lambda=l(l+1)+\ldots \tag{19}
\end{align*}
$$

$l, \lambda$ dominates for large $l$

## R の WKB 近似（リーディング）

$$
R_{\text {in } / \mathrm{up}} \approx\left(\frac{1}{l(l+1) \Delta}\right)^{\frac{1}{4}} \exp \left( \pm \sqrt{l(l+1)} \int^{r} \sqrt{\frac{1}{\Delta}} d r\right)
$$

## radial part of green function

radial part is

$$
\begin{equation*}
R\left(r, r^{\prime}\right)=\frac{1}{W}\left(R_{\mathrm{in}}(r) R_{\mathrm{up}}\left(r^{\prime}\right) U\left(r^{\prime}-r\right)+R_{\mathrm{in}}\left(r^{\prime}\right) R_{\mathrm{up}}(r) U\left(r-r^{\prime}\right)\right) \tag{22}
\end{equation*}
$$

W is Wronskian.


Figure 3: $y$-axis Radial, $x$-axis $r^{\prime}, r=5.64$

## 実装 3：angle WKB

同様に $\theta$ のモード関数 $S_{\omega, l, m}$ もWKB 近似して
$k$ は規格化定数


## 実装 3:approximation of green function

To combine these WKB-approximated mode functions,

$$
\begin{aligned}
G\left(x(\tau), x\left(\tau^{\prime}\right)\right)= & f(x(\tau)) f\left(x\left(\tau^{\prime}\right)\right) \cos (\sqrt{l(l+1) \theta}) \cos \left(\sqrt{l(l+1) \theta^{\prime}}\right. \\
& \exp \left[-\sqrt{l(l+1)}\left|\int_{r(\tau)}^{r\left(\tau^{\prime}\right)} \frac{1}{\sqrt{\Delta}} d r\right|\right]
\end{aligned}
$$

## Another Approximation

For large $l$, large $r-r^{\prime}$ is decaying $\rightarrow \tau \sim \tau^{\prime}$

$$
\delta \tau=\tau^{\prime}-\tau \ll \tau
$$

$$
\begin{align*}
& \int_{r(\tau)}^{r\left(\tau^{\prime}\right)} \frac{1}{\sqrt{\Delta}} d r \sim \frac{\dot{r}}{\sqrt{\Delta}} \delta \tau  \tag{24}\\
& G(\tau, \tau+\delta \tau) \sim\left[f(x(\tau))^{2}+f^{\prime} \delta \tau\right] \mathrm{e}^{-\sqrt{l(l+1)} \frac{\dot{r}}{\sqrt{\Delta}} \delta \tau} \tag{25}
\end{align*}
$$

$\mathbf{Y}^{\mathrm{Pr}} \mathbf{P p}$ this, we can integrate over $\tau^{\prime}=\delta \tau$ explicitly.

## 実装 3:Result

$$
\begin{align*}
H_{n, l, m}(\tau) & =\frac{1}{l(l+1)} \int d \tau f(\tau)^{2} g(\tau) \cos ^{2}[\sqrt{l(l+1)} \theta(\tau)]  \tag{26}\\
& =f(\tau)^{2} g(\tau) \frac{1}{2}(1+\cos [2 \sqrt{l(l+1)} \theta(\tau)])  \tag{27}\\
H_{n, l, m}(\tau) & =H_{n, l, m}^{\operatorname{avr}}(\tau)+H_{n, l, m}^{\mathrm{osc}}(\tau) \tag{28}
\end{align*}
$$

- $H$ can be decomposed into not-oscilating avaraged part $H_{n, l, m}^{\text {avr }}(\tau)$ and oscilating part $H_{n, l, m}^{\text {osc }}(\tau)$
- $H_{n, l, m}^{\text {osc }}(\tau)$ is the cause of oscilation.


## 実装 3: Result(numerical)

$$
\begin{equation*}
H(x(\tau))=\int d \delta \tau G(x(\tau), x(\tau+\delta \tau)) \tag{29}
\end{equation*}
$$

Is the approximation correct?


Figure 5: y -axis $\langle H\rangle_{n, l, m}, \mathrm{x}$-axis $\lambda$, Blue : numerical, Orange : WKB

## 実装 3: cause of $l$-oscilation

$H_{n, l, m}^{\text {osc }}(x(\tau))$ is the cause of $l$-oscilation
stationary approximation

$$
\begin{aligned}
H_{n, l, m}^{\mathrm{osc}}(x(\tau)) & =(x(\tau)) \cos [\sqrt{l(l+1)} \theta(\tau)] \\
& \left.\simeq f(x(\tau)) \cos \left[\sqrt{l(l+1)}\left(\theta\left(\tau_{0}\right)+\ddot{\theta}\left(\tau_{0}\right) \frac{\tau^{2}}{2}\right)\right] 33\right)
\end{aligned}
$$

- $\tau_{0}$ is the stationary point.

$$
\begin{equation*}
\left\langle H_{n, l, m}^{\mathrm{osc}}\right\rangle \simeq F(x(\tau)) \cos \left[2 \sqrt{l(l+1)} \theta\left(\tau_{0}\right)-\frac{\pi}{4}\right] \tag{31}
\end{equation*}
$$

This is the cause of $l$-oscilation

