Constraining ultralight oscillators with atomic clocks

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Based on: arXiv:2302.04565

In collaboration w/Xavier Calmet and National Physical Laboratory (NPL)

Joint Theory Seminar NBI, 11 May 2023



Fundamental constants

There are two types of physical constants

Dimensionful: G, \hbar, c, \ldots

The latter type are convention independent \Rightarrow "fundamental constants"

Standard Model

$$\mathscr{L}_{\rm SM} = -\frac{1}{4} F^a_{\mu\nu} F^{a\mu\nu} + i\bar{\psi}^j \gamma^\mu D_\mu \psi^j + \left(\bar{\psi}^i_L V_{ij} \Phi \psi^j_R + \text{h.c.}\right) - |D_\mu \Phi|^2 - V$$

Parametrized by 18 dimensionless constants (+1 more for θ_{OCD} , + 7 more for massive ν s, ...)

- **Dimensionless:** $\alpha, \mu = m_e/m_p$, CKM matrix elements, ...

General Relativity

$$R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$$



No dimensionless constants!

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General Relativity

$$R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$$

They *cannot* be calculated, must be measured!

Fundamental constants

FCs associated with deep questions

How many are there?
 Can they be explained dynamically (e.g. strings)?
 Intuition of measured values? Hierarchies?
 Are there patterns between them?
 Are they "only" numbers, or more generally, functions of spacetime?

Explicit or apparent fundamental constant variations can be described by very light bosons interacting with the SM

Eddington, Dirac, Jordan, Teller, Fierz, ... many others

$$\mathscr{L}_{\text{int},\phi} \supset -\frac{1}{4}g(\phi)F_{\mu}$$

 $\alpha \to \alpha(\phi)$



Integer-spin fields with very small masses

 $10^{-33} \text{ eV} \lesssim m \lesssim 1 \text{ eV}$

Integer-spin fields with very small masses

Interesting for several reasons, e.g.

 $m_{\phi} \approx 10^{-33} \,\mathrm{eV}$ □ Dark energy (quintessence) Dark matter (ultralight oscillators)

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Review **J. Uzan, Living Rev. Rel. 14, 2 (2011)**

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 - **QCD** axion
 - scalars & axion-like particles
 dark photons, dark spin-2
 10⁻²² eV \$\leq m \$\leq 1 eV\$

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Recent white papers

Axion DM



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□ Experimental: because such wide range of masses can be probed with current technology

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Strong theory motivations AND intense experimental interest/capabilities!

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Parametrize varying constant $g(x^{\mu})$ for low-energy probes

 $g(x^{\mu}) = g_0 + \frac{1}{\Lambda}\phi(x^{\mu}) + \cdots$

arXiv:2302.04565

(c.f. $g_{\mu\nu} \approx \eta_{\mu\nu} + h_{\mu\nu}$)

couplings to fields $g_0 \rightarrow g(\phi)$

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$$g(x^{\mu}) = g_0 + \frac{1}{\Lambda}\phi(x^{\mu}) + \cdots$$

E.g. Bekenstein electrodynamics

$$\mathscr{L} = \mathscr{L}_{\text{QED}} + \frac{1}{2} (\partial_{\mu} \phi)^2 - \frac{1}{2} m^2 \phi^2 + \frac{1}{2\Lambda'}$$

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(c.f. $g_{\mu\nu} \approx \eta_{\mu\nu} + h_{\mu\nu}$) couplings to fields $g_0 \rightarrow g(\phi)$

 $e(x) = e_0 \epsilon(x) \approx e_0 + \frac{\phi}{\Lambda'}$ $-\phi F_{\mu
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J. D. Bekenstein, Phys. Rev. D 25, 1527 (1982)





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Description in terms of conventional theories with new interactions

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Primarily interested in temporal variations

$$\ddot{\phi} + \Gamma \dot{\phi} + m^2 \phi \approx 0$$

Covers a wide range of models (e.g. $\Gamma = 3H, \Gamma = 0, ...$)



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$$\ddot{\phi} + \Gamma \dot{\phi} + m^2$$

Covers a wide range of models (e.g. $\Gamma = 3H, \Gamma = 0, ...$) $\Gamma \to 0 \Rightarrow \phi(t) \approx \phi_0 \cos \left[m_{\phi} (1 + \frac{1}{2}v^2 + \cdots)t + \delta \right] \quad v \ll c \Rightarrow m_{\phi}$





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Search for ϕ couplings to SM $S = \int d^4x \sqrt{-g} \mathscr{L}_{int,\phi} \qquad \mathscr{L}_{int,\phi} \supset -\left(\frac{\phi}{\Lambda}\right)^n \cdot \mathscr{O}_{SM}$





 $\mathscr{L}_{\text{int},\phi} = \left(\kappa\phi\right)^n \left(\frac{d_{\gamma}^{(n)}}{4}F_{\mu\nu}F^{\mu\nu} - \frac{d_{m_e}^{(n)}}{m_e}\psi_e\psi_e\right) +$

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+ •••
$$\kappa = \sqrt{4\pi G} = \left(\sqrt{2}M_P\right)^{-1}$$
$$\kappa^n d_j^{(n)} \leftrightarrow 1/\Lambda^n$$

(see, e.g.)

P. W. Graham et al., PRD 93, 075029 (2016)





Search for ϕ couplings to SM $S = d^4$



 $\mathscr{L}_{\text{int},\phi} = \left(\kappa\phi\right)^n \left(\frac{d_{\gamma}^{(n)}}{4}F_{\mu\nu}F^{\mu\nu} - \frac{d_{m_e}^{(n)}}{m_e}w_e^{-1}\psi_$

Terms induce shifts in FCs

$$\begin{aligned} \alpha(\phi) &= \alpha \left(1 + d_{\gamma}^{(n)}(\kappa \phi)^{n} \right) \Rightarrow \frac{\delta \alpha}{\alpha} = d_{\gamma}^{(n)}(\kappa \phi)^{n} \\ m_{j}(\phi) &= m_{j} \left(1 + d_{m_{j}}^{(n)}(\kappa \phi)^{n} \right) \Rightarrow \frac{\delta m_{j}}{m_{j}} = d_{m_{j}}^{(n)}(\kappa \phi)^{n} \quad (j = e, u, d) \\ \Lambda_{\text{QCD}}(\phi) &= \Lambda_{\text{QCD}} \left(1 + d_{g}^{(n)}(\kappa \phi)^{n} \right) \Rightarrow \frac{\delta \Lambda_{\text{QCD}}}{\Lambda_{\text{QCD}}} = d_{g}^{(n)}(\kappa \phi)^{n} \end{aligned}$$

$${}^{4}x\sqrt{-g}\mathscr{L}_{\mathrm{int},\phi} \qquad \mathscr{L}_{\mathrm{int},\phi} \supset -\left(\frac{\phi}{\Lambda}\right)^{n} \cdot \mathscr{O}_{\mathrm{S}}$$

$$+ \cdots \qquad \kappa = \sqrt{4\pi G} = \left(\sqrt{2}M_P\right)^{-1} \\ \kappa^n d_j^{(n)} \leftrightarrow 1/\Lambda^n$$

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 $\mathscr{L}_{\text{int},\phi} = \left(\kappa\phi\right)^n \left(\frac{d_{\gamma}^{(n)}}{4}F_{\mu\nu}F^{\mu\nu} - \frac{d_{m_e}^{(n)}}{m_e}m_e\bar{\psi}_e\psi_e\right) +$

Terms induce shifts in FCs

$$\alpha(\phi) = \alpha \left(1 + d_{\gamma}^{(n)}(\kappa\phi)^{n} \right) \Rightarrow \frac{\delta\alpha}{\alpha} = d_{\gamma}^{(n)}(\kappa\phi)^{n}$$
$$m_{j}(\phi) = m_{j} \left(1 + d_{m_{j}}^{(n)}(\kappa\phi)^{n} \right) \Rightarrow \frac{\delta m_{j}}{m_{j}} = d_{m_{j}}^{(n)}(\kappa\phi)^{n} \quad (j = e, u, d)$$
$$\Lambda_{\rm QCD}(\phi) = \Lambda_{\rm QCD} \left(1 + d_{g}^{(n)}(\kappa\phi)^{n} \right) \Rightarrow \frac{\delta\Lambda_{\rm QCD}}{\Lambda_{\rm QCD}} = d_{g}^{(n)}(\kappa\phi)^{n}$$

$${}^{4}x\sqrt{-g}\mathscr{L}_{\mathrm{int},\phi} \qquad \mathscr{L}_{\mathrm{int},\phi} \supset -\left(\frac{\phi}{\Lambda}\right)^{n} \cdot \mathscr{O}_{\mathrm{S}}$$

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measure with clocks?







Atomic clocks count cycles of EM radiation emitted from suitable transitions



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Common clock transitions

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Common clock transitions

$$\nu_{\text{optical}} = A \cdot (cR_{\infty}) \cdot F_{\text{opt}}(\alpha)$$
$$\nu_{\text{microwave}} = B \cdot (cR_{\infty}) \cdot \alpha^{2} I$$
$$\nu_{\text{vibrational}} = C \cdot (cR_{\infty}) \cdot \mu^{1/2}$$

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 $K_g \equiv \frac{\partial \ln \nu}{\partial \ln g}$

$$\frac{d\nu}{\nu} = K_g \cdot \frac{dg}{g}$$

"sensitivity factor" dependent on atom/transition

V.V. Flambaum, V. A. Dzuba, Can. J. Phys. 87, 25 (2009)

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 $\partial \ln \nu$

 $\partial \ln g$

 $K_g \equiv K_g$

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Need reference that has distinct sensitivity \square $r = \nu_1 / \nu_2$ is dimensionless observable \Box Difference $\Delta K_{1,2}$ is relevant





"A network of clocks for measuring the stability of fundamental constants"



G. Barontini et al., EPJ Quantum Technol. 9, 12 (2022)

Clock	K_{lpha}	K_{μ}	
67 nm)	-5.95	0	
98 nm)	0.06	0	Operat
2.6 mm)	2.83	1	
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QSNET

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Ratio variations

Parametrization of atomic frequency

 $q \equiv (u+d)/2$ quark masses + magnetic moments

V.V. Flambaum et al., Phys. Rev. D 69, 115006 (2004)



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Parametrization of atomic frequency

$$\nu = (\text{const.}) \ (cR_{\infty}) \cdot \alpha^{K_{\alpha}} \cdot (m_{e})$$

$$\frac{\delta r}{r} = \Delta K_{\alpha} d_{\gamma}^{(n)} (\kappa \phi)^n + \Delta K_{\mu} (d_{m_e}^{(n)})$$

For NPL clocks

$$\left(\frac{\delta r}{r}\right)_{\text{Yb+/Sr}} = -6.01 d_{\gamma}^{(n)}$$
$$\left(\frac{\delta r}{r}\right)_{\text{Sr/Cs}} = -\left(2.77 d_{\gamma}^{(n)}\right)$$

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 $-d_{g}^{(n)}(\kappa\phi)^{n} + \Delta K_{q}(d_{m_{q}}^{(n)} - d_{g}^{(n)})(\kappa\phi)^{n}$

 $(\kappa\phi)^n$

 $^{(n)} + d_{m_e}^{(n)} - d_g^{(n)} + 0.07(d_q^{(n)} - d_g^{(n)}) \Big) (\kappa \phi)^n$



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 $m_p \approx A \cdot \Lambda_{\text{QCD}} + \text{ light quarks} \qquad (m_e / \Lambda_{\text{QCD}})^{K_{\mu}} \cdot (m_q / \Lambda_{\text{QCD}})^{K_q}$ $q \equiv (u+d)/2$ quark masses + magnetic moments

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 $(\kappa \phi)^n$

 $(\kappa \phi)^n + d_{m_e}^{(n)} - d_g^{(n)} + 0.07(d_q^{(n)} - d_g^{(n)}))(\kappa \phi)^n$

 $\equiv d_{\rm Sr/Cs}^{(n)}$



NPL data: time series



arXiv:2302.04565

 $r_{[i/j]} = \frac{\nu_i / \nu_j - R_{ij}^*}{R_{ii}^*}$

 \mathbf{O}

 \sim 2 weeks of measurements, roughly every second with 75% uptime

Observations made over same window

Yb⁺/Sr and Sr/Cs constructed

$$\frac{\delta \alpha}{\alpha} \propto \frac{\delta \mu}{\mu}, \frac{\delta g_N}{g_N}$$









NPL data: clock instabilities



Mean ratios not constant over time

Instability = measure of frequency fluctuations

$$\sigma_r^2(\tau) \sim \frac{1}{2} \langle (\bar{r}_{i+1} - \bar{r}_i)^2 \rangle$$

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$$\sigma_r^2(\tau) \sim \frac{1}{2} \langle (\bar{r}_{i+1} - \bar{r}_i)^2 \rangle$$

Data characteristic of Gaussian white noise (stat uncertainties dominant)

Representative of operating (*a*) the **atomic transition**!



Model-independent constraints



Translate instabilities to bounds on shifts $\kappa^{n} | d_{\gamma}^{(n)} | \sigma_{\phi^{n}}(\tau) \lesssim 2.3 \times 10^{-16} / \sqrt{\tau/s}$ $\kappa^{n} | d_{\text{Sr/Cs}}^{(n)} | \sigma_{\phi^{n}}(\tau) \lesssim 1.6 \times 10^{-13} / \sqrt{\tau/s}$





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δr **Translate instabilities to bounds on shifts** $/ \kappa^{n} | d_{\gamma}^{(n)} | \sigma_{\phi^{n}}(\tau) \lesssim 2.3 \times 10^{-16} / \sqrt{\tau/s}$ $\kappa^{n} | d_{\text{Sr/Cs}}^{(n)} | \sigma_{\phi^{n}}(\tau) \lesssim 1.6 \times 10^{-13} / \sqrt{\tau/s}$ E.g. for two times separated by 1000 seconds $\searrow \approx \kappa^{n} |d_{\gamma}^{(n)}| [\phi^{n}(t+\tau) - \phi^{n}(t)] \leq 7 \times 10^{-18}$ 10⁵ No functional form of $\phi(t)$ assumed!







NPL data: amplitude spectra



Assuming underlying oscillatory signal

Fourier transform time-series data Fit to signals

~ Amp · $\cos(2\pi ft)$



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Significant peaks *could* indicate underlying ultralight oscillator

peak width $\propto \Gamma \quad \phi(t)/\phi_0 \sim e^{-(3\Gamma/2)t} \cos(m_{\phi}t + \delta)$





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peak width $\propto \Gamma \quad \phi(t)/\phi_0 \sim e^{-(3\Gamma/2)t} \cos(m_{\phi}t + \delta)$

Data consistent with stat uncertainties (no signal)

set constraints on ultralight DM







Ultralight DM



 $\Delta x \Delta p \sim 1$

1 eV

 $n \cdot \lambda_{\rm DB}^3 \gg 1$



Ultralight DM



 $\Delta x \Delta p \sim 1$

Compton frequency \propto rest mass $m_{\phi} = 2\pi f_{\phi} = 2\pi f_C = \frac{2\pi}{T_C}$

Oscillations are *coherent*

$$\begin{cases} \tau_C = \frac{2\pi}{\frac{1}{2}mv_{\rm DM}^2} \gtrsim 10^6 T_C \\ \lambda_C = \frac{2\pi}{mv_{\rm DM}} \gg R_{\rm solar \ system} \end{cases}$$

Particle-like behaviour M 1 eV $n \cdot \lambda_{DB}^3 \gg 1$ $\pi f_{\phi} = 2\pi f_C = \frac{2\pi}{T_C}$

 $\gg T_{\rm experiment}$



vstem

Ultralight DM



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ULDM = macroscopic coherently oscillating field

Particle-like 1 eV $n \cdot \lambda_{\rm DB}^3 \gg 1$

 $\gg T_{\rm experiment}$



 $\rho_{\rm DM} = \rho_{\rm DM}(R_0) \approx 0.3 \ {\rm GeV/cm^3}$

'stem

 $\phi(t) \approx \phi_0 \cos(m_{\phi} t)$

 $2\rho_{\rm DM}^{\rm local}$ m_{ϕ}

Constraints

Because $\frac{\delta r}{r} = \sum_{\alpha} \Delta K_g d_g^{(n)}(\kappa \phi)^n$ and $\phi(t) \approx \frac{\sqrt{2\rho_{\text{DM}}^{\text{local}}}}{m_{\phi}} \cos(m_{\phi} t)$ $(m_{\phi} = 2\pi f_{\phi})$

Map amp. spectrum onto magnitude of oscillations for lowest-order (n = 1,2) ints.

Constraints

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Map amp. spectrum onto magnitude of oscillations for lowest-order (n = 1,2) ints.

$\frac{\delta r}{r}\Big|_{\text{osc.}} \propto \frac{1}{M_P^2} \cos(2m_\phi t) \to f = 2f_\phi$ For n = 2







Constraints

May also consider ϕ – Higgs couplings $\mathscr{L}_H = -A\phi H^{\dagger}H$

Mixing generates effective interactions

$$\frac{\delta r}{r} = \Delta K_H \frac{A}{m_h^2} \frac{\sqrt{2\rho_{\rm DM}}}{m_\phi} \cos(m_\phi t) \qquad K_H = \frac{\alpha}{2\pi} K_\alpha - (1-b)K_{m_e} - 1.05(1-b)K_{m_q}$$

With $\Delta K_H \Big|_{\text{Sr/Cs}} \approx 0.5$ constraints on *A* are obtained

Constraints

F. Piazza, M. Pospelov, Phys. Rev. D 82, 043533

$$\mathscr{L}_{\text{Higgs,eff.}} = \frac{A\langle h\rangle}{m_h^2} \phi \left(\sum_f g_{hff} \bar{\psi}_f \psi_f + \frac{g_{h\gamma\gamma}}{\langle h\rangle} F_{\mu\nu} F^{\mu\nu} \right)$$

Y. V. Stadnik, V. V. Flambaum, PRA 94, 022111 (2016)







 $n = 1 \ (f = f_{\phi})$

 $\frac{1}{\Delta K_H} \frac{\delta r}{r} \Big|_{\text{Sr/Cs}} = d_H^{(1)}(\kappa \phi)^1$

-15



Kim, Perez, 2205.12988

Clocks can also probe axion-like couplings

$$\mathcal{L}_a = \frac{g_s^2}{32\pi^2} \frac{a}{f_a} G^b_{\mu\nu} \widetilde{G}^{b\mu\nu}$$

Induces oscillations in nucleon mass and nuclear g factor

transmits to sensitivity from Sr/Cs ratio

$$\frac{1}{f_a \cdot \text{GeV}^{-1}} = 10^{-10} \sqrt{\frac{m_{15}^2}{c_r \cdot 10^{-15}}} \left| \frac{\delta r}{r} \right|_{\text{Sr/Cs}}$$





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Recap and conclusions

Ultralight bosons cover a wide range of well-motivated new physics

□ Lots of recent theory activity (ULDM, ALPs, ...) Experimental funding/capabilities rapidly increasing



New Horizons: Scalar and Vector Ultralight Dark Matter, 2022 Snowmass Summer Study





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New constraints from NPL data

☑ New constraints on scalar and axion-like ULDM

☑ Model-independent constraints from instabilities of Yb⁺, Sr, and Cs clocks

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☑ New constraints on scalar and axion-like ULDM

Excellent future prospects

Longer datasets give access to *lighter* masses

☑ Model-independent constraints from instabilities of Yb⁺, Sr, and Cs clocks

□ New QSNET clocks w/larger K factors \Rightarrow drive exclusion regions *downward*







